



BEGINNING AT 9 AM
Friday, 16th May - Saturday, 17th May
Saudi Aramco - Dhahran

By invitation Only

Organised by: Dhahran Youth Swim League (D.Y.S.L.)

Eastern Province Central Region Western Province







Preliminary Announcement

Nationals Swimming Championship 2025, Dhahran

Host: Dhahran Youth Swim Leagues, The Eastern Region

Venue: Saudi Aramco Residential Camp – Dhahran

Date & Time: Friday, 16th May and Saturday, 17th May. Planned morning and afternoon

sessions. Warm up times and official start times to be confirmed later.

Meet Format: The meet will be pre-seeded. **All individual events will be timed finals** in

accordance with the USA Swimming Rules & Regulations, **except for Relays** for which each region has been assigned certain lanes. All age groups will be combined and seeded in each race according to entry times. The **Meet Director** shall have the right to combine events or relays should the

number of swimmers or teams registered for those events warrant.

Meet Rules: USA Swimming Short Course 2025 rules will apply. The Technical Rules and

Regulations can be accessed via the rule book on the following website:

https://www.usaswimming.org

Entry Deadline: TBD.

NQT entries must be sent in Hy-Tek Team Manager format. The Hy-Tek Meet Entry Report sorted by name and Hy-Tek Fee report sent to dysl.dolphins@gmail.com. Receipt confirmation will be sent by the

organizers within 72 hours.

NCT entries should be sent in a separate file along with an entry list to the above email. Upon completion of the seeding process, teams will be

notified accordingly regarding the acceptance of the NCT entries.

Meet Director: Liam Knowles - E-mail: dysl.dolphins@gmail.com

Eligibility: Registered swimmers of the Eastern Province of Saudi Arabia (EPSA), Riyadh

Swimming League (RSL) and Western Region (LISST & WRESL) who have achieved the National Qualifying Times (NQT), for each event in which the swimmer is entered as listed in the attached table (separate file) titled '2024-

25 Age group Time Standards'

Entry Times for each swimmer shall be official meet result times that were posted in a competitive AFSA swim meet conducted within the EPSA, RSL, or Western Region in Saudi Arabia while representing their AFSA team in a 25 meter or 50 meter pool between 1st September 2024 until May 12th 2025. Please note that times achieved while swimming with other clubs will not be considered as SEED times.

Any times obtained in a 50-meter pool shall be converted to a short course time using a conversion rate of 1.001. All yard times must be converted to metric times using a conversion rate of 1.11 (Note: Equivalent yard times for the 400 meter Freestyle event must come from a 500-yard Freestyle event).

Proof of time must accompany all entries with AFSA Team.

Age: Age as of Friday, 16th of May 2025, will determine a swimmer's age group

for the duration of the Championships.

Entries: NQT entries must be sent in Hy-Tek Team Manager Meet format

Maximum Entries: Swimmers are limited to five (5) individual events and one (1) relay event

per day.

Accommodation: DYSL shall advise of a suitable hotels near the event

Transportation: For your convenience and to facilitate your entrance to Saudi Aramco

Residential Camp in Dhahran buses will be arranged for transporting participants and parents from the chosen location to Camp & return

2025 NATIONALS Swimming Championships May 16& 17, 2025



FRIDAY EVENTS

GIRLS	DISTANCE (m)	STROKE	AGE GROUP	BOYS
1	400	Freestyle	11-18	2
3	50	Butterfly	7 & 8	
5	50	Butterfly	9 & 10	6
5 7	50	Butterfly	11 & 12	4 6 8
9	50	Butterfly	13 & 14	10
11	50	Butterfly	15 - 18	12
15	100	Backstroke	7 & 8	16
17	100	Backstroke	9 & 10	18
19	100	Backstroke	11 & 12	20
21	100	Backstroke	13 & 14	22
23	100	Backstroke	15-18	24
25	200	Freestyle	788	26
27	200	Freestyle	9 & 10	28
29	200	Freestyle	11 & 12	30
31	200	Freestyle	13 & 14	32
33	200	Freestyle	15 - 18	34
37	200	Butterfly	11 & 12	38
39	200	Butterfly	13 & 14	40
41	200	Butterfly	15 - 18	42
1		LUNCH BREAK		
43	100	Breaststroke	7 & 8	44
45	100	Breaststroke	9 & 10	46
47	100	Breaststroke	11 & 12	48
49	100	Breaststroke	13 & 14	50
51	100	Breaststroke	15 - 18	52
55	50	Freestyle	788	56
57	50	Freestyle	9 & 10	58
59	50	Freestyle	11 & 12	60
61	50	Freestyle	13 & 14	62
63	50	Freestyle	15 - 18	64
65	200	LM.	11 & 12	66
67	200	LM.	13 & 14	68
69	200	LM.	15 - 18	70
73	100	Medley Relay	7&8	74
75	200	Medley Relay	9 & 10	76
77	200	Medley Relay	11 & 12	78
79	200	Medley Relay	13 & 14	80
81	200	Medley Relay	15 & 16	82
83	200	Medley Relay	15 - 18 Mixed	

2025 NATIONALS Swimming Championships May 16& 17, 2025



SATURDAY EVENTS

GIRLS	DISTANCE (m)	STROKE	AGE GROUP	BOYS
GINLS	DISTANCE (III)	SINURE	AUE UNUUF	8013
85	400	LM.	11-18	86
87	50	Backstroke	788	88
89	50	Backstroke	9 & 10	90
91	50	Backstroke	11 & 12	92
93	50	Backstroke	13 & 14	94
95	50	Backstroke	15 - 18	96
97	200	Breaststroke	11 & 12	98
99	200	Breaststroke	13 & 14	100
101	200	Breaststroke	15 - 18	102
				117 8.20
105	100	Butterfly	7 & 8	106
107	100	Butterfly	9 & 10	108
109	100	Butterfly	11 & 12	110
111	100	Butterfly	13 & 14	112
113	100	Butterfly	15 - 18	114
117	100	I.M.	7 & 8	118
119	100	I.M.	9 & 10	120
		LUNCH BREAK		
-		Editor Biscon		
121	50	Breaststroke	7 & 8	122
123	50	Breaststroke	9 & 10	124
125	50	Breaststroke	11 & 12	126
127	50	Breaststroke	13 & 14	128
129	50	Breaststroke	15 - 18	130
131	100	Freestyle	788	132
133	100	Freestyle	9 & 10	134
135	100	Freestyle	11 & 12	136
137	100	Freestyle	13 & 14	138
139	100	Freestyle	15 - 18	140
141	200	Backstroke	11 & 12	142
143	200	Backstroke	13 & 14	144
145	200	Backstroke	15 - 18	146
149	100	Freestyle Relay	788	150
151	200	Freestyle Relay	9 & 10	152
153	200	Freestyle Relay	11 & 12	154
155	200	Freestyle Relay	13 & 14	156
157	200	Freestyle Relay	15 & 16	158
159	200	Freestyle Relay	15 - 18 Mixed	

									1	_		NOT	NCT	RQT		NOT	NCT	ROT
2024-2028 Saudi Age Group Swimming Time Standard										1	3-14							
Time Standard 100 Free 10.069 11.289 115.69 1.00.00 1.06.69 1.00.00	0004 0000 Coudi Acc Coour Cuinceria											32 44		34 69		29.49		31.84
NOT NCT RQT NOT NCT RQT South																		1:09.24
NOT NCT ROT NOT NCT ROT Select S	Time Standard																	2:31.84
NQT											Free	5:20.64	5:34.99	5:47.84		5:01.34	5:13.39	5:25.44
Secondary Seco											_	_	38.65	_				37.09
50 Free 47,03 48,28 51,53 45,83 47,03 50,21 100 Free 14442 149,54 152,57 142,37 142,37 142,37 142,37 127,34 130,50 130,50 130,50 130,50 140,50 130,50 140,50 130,50 1			NQT	NCT	RQT		NQT	NCT	RQT	100	Back	1:15.79	1:18.89	1:21.14		1:09.49	1:13.09	1:15.94
100 Free 1.44.42 1.49.54 1.45.77 1.47.13 1.57.88 200 Free 3.50.02 4.01.85 4.13.68 3.45.44 3.56.35 4.08.35 200 Rreat 3.08.69 3.15.99 3.23.54 2.55.49 2.59.39 3.06.60 3.06	1	7-8		Girls				Boys		200	Back	2:47.14	2:50.69	2:57.29		2:32.59	2:38.69	2:50.69
200 Free 3.50.02 4.01.85 4.13.68 3.45.34 3.56.35 4.08.15 5.08 8.08.5 5.23.5 5.08.68 10.4.42 5.53.3 58.62 1.00.91 1.00.91 1.00.91 1.00.91 1.00.91 1.00.91 1.00.97 1.01.90 1.00.45 1.07.82 2.00. 1.00.91 1.00.97 1.01.90 1.00.65 1.07.82 2.00. 1.00.91 1.00.97 1.01.90 1.00.65 1.07.82 2.00. 1.00.91 1.00.91 1.00.65 1.07.82 2.00. 1.00.91	50	Free	47.03	48.28	51.53		45.83	47.03	50.21	50	Breast	42.09	44.16	44.83		38.63	41.02	41.70
50 Back 57.25 59.68 102.42 55.33 58.62 100.91 50 Fly 36.07 37.84 38.96 33.13 35.04 36.6 36.70 37.84 38.96 37.84 37.84 38.96 37.84 38.96 37.84 37.84 38.96 37.84 37.84 37.84 37.95 37.84 37.8	100	Free	1:44.42	1:49.54	1:55.27		1:42.37	1:47.13	1:53.88	100	Breast	1:27.74	1:30.99	1:34.49		1:19.44	1:22.59	1:25.79
100 Back 2-03.31 2-09.10 2-16.89 1-09.97 1-10.99 1-09.05 1-10.99 1-09.05 1	200	Free	3:50.02	4:01.85	4:13.68		3:45.34	3:56.35	4:08.35	200	Breast	3:08.69	3:15.99	3:23.54		2:55.49	2:59.39	3:06.29
So	50	Back	57.25	59.68	1:02.42		55.33	58.62	1:00.91	50	Fly	36.07	37.84	38.96		33.13	35.04	36.62
100 Breast 2.09.17 2.15.35 2.20.66 2.03.31 2.09.63 2.16.32 2.00 IM 2.51.04 2.56.19 3.02.99 2.38.84 2.42.09 2.48.89 1.00 Fiy 2.19.30 2.26.22 2.33.30 2.218.90 2.25.24 2.32.48 2.25.24 2.32.48 2.42.09 2.48.89 1.00 IM 2.03.85 2.10.50 2.16.56 2.03.17 2.09.90 2.16.12 2.00 Free 3.7.64 39.79 41.89 36.24 38.19 40.19	100	Back	2:03.31	2:09.10	2:16.89		1:57.82	2:02.45	2:08.57	100	Fly	1:16.24	1:18.79	1:21.84		1:09.54	1:12.29	1:15.09
So	50	Breast	1:03.85	1:06.91	1:09.97		1:01.59	1:04.05	1:07.82	200	Fly	2:50.54	2:55.69	3:02.44		2:37.69	2:40.89	2:47.09
100 Fiy 2:19.30 2:26.22 2:33.30 2:16.56 2:03.17 2:09.90 2:16.12 2:03.18 2:03.17 2:09.90 2:16.12 2:03.18 2:03.17 2:09.90 2:16.12 2:03.18 2:03.17 2:09.90 2:16.12 2:03.18 2:03.17 2:09.90 2:16.12 2:00 Free 37.64 39.79 41.89 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.19 36.24 38.19 40.19 36.24 38.19 40.19 36.24 38.25 38.38 38.43 33.69 34.87 35.25 36.24 38.19 36.24 38.19 36.24 38.19 36.24 38.29 36.24 38.25 38.29 38.24 38.25 38.29 38.24 38.25 38.24 38.25 38.29 38.24 38.25 38.29 38.24 38.25 38.24 38.25 38.29 38.24 38.25 38.29 38.24 38.25 38.24 38.25 38.29 38.24 38.25 38.24 38.25 38.24 38.25 38.24 38.25 38.24 38.25 38.24 38.25 38.24 38.25 38.24 38.25 38.24 38.25 38.24 38.25 38.25 38.2	100	Breast	2:09.17	2:15.35	2:20.66		2:03.31	2:09.63	2:16.32	200	IM	2:51.04	2:56.19	3:02.99		2:38.84	2:42.09	2:48.29
100 IM 2-03.85 2-10.50 2-16.56 2-03.17 2-09.90 2-16.12	50	Fly	59.30	1:02.89	1:04.80		59.01	1:01.52	1:04.13	400	IM	6:00.64	6:15.29	6:29.74	L	5:40.19	5:46.49	5:59.84
9-10 Girls Boys 100 Free 1.779 1.10.49 1.13.24 1.00.3.69 1.06 Free 1.74.34 1.29.69 1.34.99 1.23.64 1.27.19 1.32.19 40.19 2.00 Free 1.07.79 1.10.49 1.13.24 1.01.24 1.03.69 1.06 Free 1.74.34 1.29.69 1.34.99 1.23.64 1.27.19 1.32.19 40.00 Free 1.07.79 1.10.49 1.13.24 1.01.24 1.03.69 1.06 Free 1.74.34 1.29.69 1.34.99 1.23.64 1.27.19 1.32.19 40.00 Free 1.07.79 1.10.49 1.13.24 2.19.59 2.24.64 4.7.79 50.74 4.9.4 4.7.39 50.39 1.06 Back 1.37.39 1.43.89 1.50.39 1.36.64 1.39.59 1.45.59 0.8 Back 1.37.39 1.43.89 1.50.39 1.36.64 1.39.59 1.45.59 0.8 Back 1.50.79 1.58.19 2.05.54 1.49.84 1.53.09 1.59.5 1.59.89 1.00 Back 1.14.74 1.16.69 1.19.64 2.27.64 2.21.49 2.27	100	Fly	2:19.30	2:26.22	2:33.30		2:18.90	2:25.42	2:32.48									
Solid Soli	100 IM 2:03.85 2:10.50 2:16.56 2:03.17 2:09.90 2:16.12									1	5-16		Girls				Boys	
50 Free 37.64 39.79 41.89 36.24 38.19 40.19 1723.64 127.19 132.19 400 Free 513.29 52.25.79 538.34 447.84 459.39 51.00								50	Free	31.34	32.59	33.84		27.89	28.99	30.09		
100 Free 1:24,34 1:29,69 1:34,99 3:31.74 3:00.21 3:08.49 3:18.34 5:0 Back 3:18.39 3:31.74 3:00.21 3:08.49 3:18.34 5:0 Back 3:7.39 3:31.89 3:31.74 3:00.21 3:08.49 3:18.34 5:0 Back 3:37.83 38.43 3:3.69 34.87 3:5.5 3:00.84 44.94 47.39 5:0.39 1:00 Back 1:37.39 1:43.89 1:50.39 1:36.64 1:39.59 1:45.39 2:00 Back 2:38.09 2:46.49 2:52.89 2:27.64 2:31.49 2:37.50 Breast 1:50.79 1:58.19 2:05.54 44.04 45.59 48.49 2:00 Breast 1:24.79 1:28.19 1:31.59 1:11.584 1:18.89 1:21.59 1:00 Fly 1:43.59 1:49.24 1:34.59 1:49.29 1:57.39 1:00 IM 1:36.84 1:42.99 1:49.09 1:33.34 1:39.09 1:44.59 1:45.99 1:49.09 1:33.34 1:39.09 1:44.59 1:00 Free 2:40.39 2:46.79 2:33.19 2:35.01 2:40.09 2:46.49 2:50.49 2:50.49 2:50.69 2:56.64 2:28.24 2:34.19 2:40.19 2:28.49 2:34.99 2:40.99 2:57.04 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.19 2:28.24 2:34.19 2:40.24 2:28.24 2:34.19 2:40.24 2:28.24 2:34.19 2:40.24 2:28.24 2:34.19 2:40.24 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:34.29 2:28.24 2:28.24 2:28.24 2:28.24 2:28.24 2:28.24 2:28.24 2:28.24 2:28.24 2:28.24	9	-10		Girls				Boys		100	Free	1:07.79	1:10.49	1:13.24		1:01.24	1:03.69	1:06.09
200 Free 3.07.24 3.19.49 3.31.74 3.00.21 3.08.49 3.18.94 44.94 47.39 50.39 100 Back 1.37.39 1.43.89 1.50.39 1.36.64 1.39.59 1.36.59 1.36.64 1.39.59 1.36.59 1.58.19 2.05.54 1.49.84 1.53.09 1.59.59 1.00 Breast 1.50.79 1.58.19 2.05.54 1.49.84 1.53.09 1.59.59 1.00 Breast 1.24.79 1.28.19 1.31.59 1.52.0 2.00.44 1.45.29 1.49.29 1.57.39 1.00 Fly 1.36.84 1.42.99 1.49.09 1.33.34 1.39.09 1.44.59 1.00 Free 1.14.64 1.16.59 1.19.54 1.11.92 1.13.29 1.16.14 2.00 Free 2.40.39 2.24.6.79 2.53.19 2.35.50 S.60	50	Free	37.64	39.79	41.89		36.24	38.19	40.19	200	Free	2:27.04	2:32.89	2:38.79		2:14.24	2:19.59	2:24.94
50 Back 45.84 47.79 50.74 44.94 47.39 50.39 136.64 139.59 1345.39 290.0 Back 243.09 246.49 2252.89 227.56 231.49 237.07 331.14 40.11 47.19 50.34 44.04 45.59 48.49 48.59	100	Free	1:24.34	1:29.69	1:34.99		1:23.64	1:27.19	1:32.19	400	Free	5:13.29	5:25.79	5:38.34		4:47.84	4:59.39	5:10.89
100 Back 1:37.39 1:43.89 1:50.39 55.90 1:36.64 1:39.59 1:45.39 55.89 50 Breast 41.36 43.50 43.62 37.07 39.11 40.11 40.11 50.34 44.04 45.59 48.49 1:39.59 1:45.29 1:49.29 1:57.39 1:33.34 1:39.09 1:44.59 1:45.29 1:49.29 1:49.29 1:45.29 1:49.29 1:45.29 1:49.29 1:45.29 1:49.29 1:45.29 1:49.29 1:45.29 1:49.29 1:4	200	Free	3:07.24	3:19.49	3:31.74		3:00.21	3:08.49	3:18.94	50	Back	36.21	37.83	38.43		33.69	34.87	35.55
50 Breast 50.54 53.79 56.90 51.19 52.79 55.89 1.09 Breast 1.50.79 1:58.19 2.05.54 1:30.90 1:59.59 1.00 Breast 1.24.79 1:23.159 1:52.0 2.00.44 4.54.04 45.59 48.49 1.00 IM 1.36.84 1:42.99 1:49.99 1:33.34 1:39.99 1:44.59 1:45.99 1:	50	Back	45.84	47.79	50.74		44.94	47.39	50.39	100	Back	1:14.74		1:19.64		1:07.64	1:09.29	1:11.94
11-12 Girls Boys 1:11.92 1:11.93 1:11.94 1:11.92 1:11.94 1:11.92 1:11.94 1	100	Back	1:37.39	1:43.89	1:50.39		1:36.64	1:39.59	1:45.39	200	Back	2:43.09		2:52.89		2:27.64	2:31.49	2:37.29
So Fly 44.14 47.19 50.34 44.04 45.59 48.49 200 Breast 3.05.54 3:10.89 3:18.19 2:44.84 2:51.39 2:57.39 3.10 IM 1:36.84 1:42.99 1:49.09 1:33.34 1:39.09 1:44.59 1:45.59	50	Breast	50.54	53.79	56.90		51.19	52.79	55.89	50	Breast	41.36	43.50	43.62		37.07	39.11	40.12
100 Fly 1:43.59 1:52.0 2:00.44 1:45.29 1:49.29 1:57.39 1:33.34 1:39.09 1:44.59 1:45.29 1:45.29 1:44.59 1:44.59 1:45.29 1:44.59 1:45.29 1:44.59 1:45.59 1:44.59 1:45.59 1:45.59 1:44.59 1:45.49 1:45.59 1:4									_		-	_						1:21.94
100 IM 1:36.84 1:42.99 1:49.09 1:33.34 1:39.09 1:44.59 1:40.59 1:44.59 1:41.12 Color State Standard published by USA Swimming Sta	_	-						_			_	_						2:57.99
11-12 Sirls Boys 33.04 34.29 35.79 37.09 33.04 34.29 35.79 37.09 33.04 34.29 35.79 37.09 33.04 34.29 35.79 37.09 33.04 34.29 35.79 37.09 33.04 34.29 35.79 37.09 33.04 34.29 35.79 30.09 32.46.79 2:40.09 2:46.24 2:35.61 2:40.09 2:46.24 2:35.61 2:40.09 2:46.24 2:35.61 2:40.09 2:46.24 2:35.61 2:40.09 2:46.24 38.52 40.19 41.89 30.04 32.19 33.44 33.49 32.19 33.44 33.49 33.64 34.29 35.79 30.419 31.12.4 38.52 40.19 41.89 36.25 40.19 41.89 36.25 40.19 41.89 36.25 40.19 41.89 36.25 40.19 41.89 36.25 40.19 41.89 36.25 40.19 41.89 36.25 40.		-			_					_	-					_		34.96
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